



MOTORSPORT PHOTOGRAPHY PANNING CHEAT SHEET

WWW.CHPHOTO37.COM

BASIC CAMERA SETTINGS:

Shooting Mode	Shutter Priority (typically 'S' or 'Tv')
AF Mode	Continuous Autofocus (typically 'AF-C' or 'AI-SERVO')
Drive/Release Mode	Continuous (typically 'Sequential', 'Burst' or 'Continuous')
Image Stabilisation*	OFF (typically 'OIS', 'IS' or 'VR')

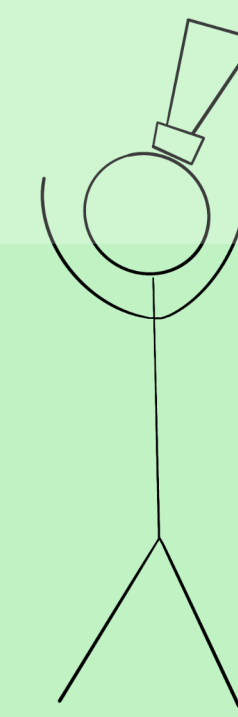
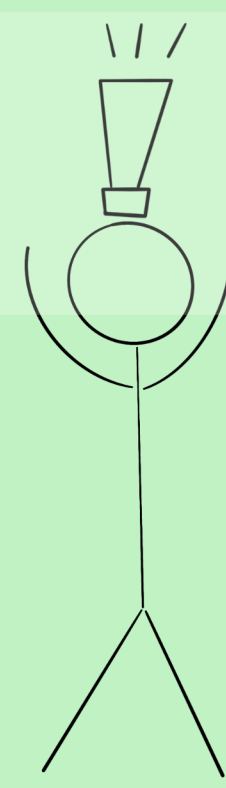
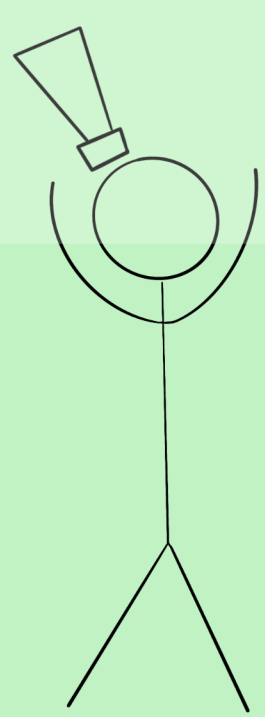
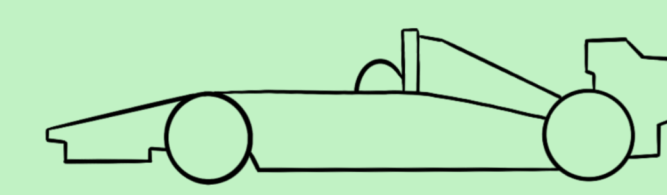
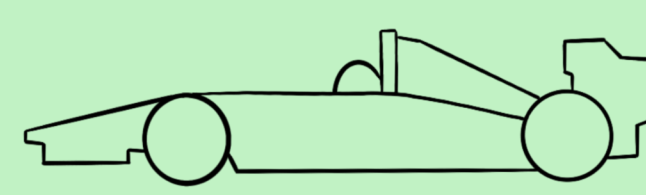
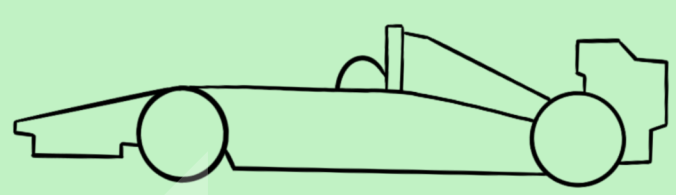
*This may be a switch on your lens or a camera menu setting, or both!

STARTER SHOT SETTINGS:

Shutter Speed	1/200
ISO	ISO 100 (or lowest available)

TECHNIQUE:

- Feet apart facing towards the track, camera pulled firmly into your face
- Track the subject through the viewfinder as early as possible
- Half press the shutter and continue to track the subject as smoothly as possible
- Fire away when the subject is directly in front of you, continuing to pan smoothly
- 'Follow through' to complete a smooth panning arc (like a golf swing)



SHUTTER SPEEDS:

EASIEST

GETTING TRICKY

REALLY DIFFICULT

1/200

1/160

1/125

1/100

1/80

1/60

1/50

1/40

1/30

SOME BLUR

BLURRED

BACKGROUND OBLITERATED